

# Learning Disability Development Fund Short Term Projects 2011-2012 Final reports



## Overview of the project

### Simply Health Booklets

- Booklets with easy read information about health in them were written and printed. These leaflets were made to help people find out easily how to be healthy and use local health services
- We spent £823 to have 5000 booklets printed
- Natalie the Health Facilitator has been the main person organising the project

## **Making a Difference**

### **Positive Things**

Being able to give people easy to understand information about being healthy.

Giving local health services easy read information for people with a learning disability helps make the services more easy to use.

Some people have given feed back to say they think they booklets are good.

The booklet is being used in other parts of Sussex – other learning disability services thought it was good and wanted to make one for their area.

### **Negative things?**

It is hard to know how many people have seen or used the booklets.

# Future of the project

## What happens next?

We will carry on sending booklets to health services that we think will find them useful.

People can ask for leaflets to be sent to services that they think need to use them.

## How will the benefits of the project carry on?

The booklets will carry on being used – once people have a copy of the booklet they can keep it and use it when they need it.

Services can carry on giving the leaflets out & using them to help people understand how to be healthy.

## **What did you learn?**

When people tell us what they think of the booklet that helps us to learn if it was useful and a good thing to do.

## Next Steps

**Any recommendations or comments  
for the board?**

If anyone would like to tell us what they think  
of the booklets please contact Natalie  
Winterton, Health Facilitator at

[natalie.winterton@brighton-hove.gov.uk](mailto:natalie.winterton@brighton-hove.gov.uk)

Any questions?