

Carers Commissioning Strategy 2009 - 2012

- **Integrated and Personalised Services**
- **A life of your own**
- **Income and Employment**
- **Health and Well-being**
- **Young carers**

Integrated and Personalised Services

Vision: Carers respected as expert care partners with access to the integrated and personalised services they need

- **Information Prescriptions website**
- **End of life care – new service at Carers Centre**
- **Hospital Pilot Project**
- **Emergency Back Up Scheme**
- **Carer Awareness staff training**

A Life of Your Own

Vision: **Carers will be able to have a life of their own outside of their caring role.**

- **Breaks and services allocated to individual carers following assessment/review:**
 - **Additional PCT funding for breaks**
 - **Wide range of services in the city**
 - **Carers Card in development**

Income and Employment

Vision: **Carers will be financially supported so that they are not forced into financial hardship by their caring role.**

- **Work with local employers to support carers**
- **Partnership working with JobCentre Plus**
- **Advocacy work with employers**

Health and Well-being

Vision: **Carers will be supported to stay mentally and physically well and treated with dignity.**

- **Advice and training – Looking After Me, MBCT, Buddhist Centre day breaks and drop-ins**
- **Emotional support – counselling, support work, male carer support**
- **Transition services**

Young Carers

Vision: Children and young people will be protected from inappropriate caring and have the support they need

- **Young Carers Schools Worker**
- **Needs Assessments specialist service**

What is a Carer's Needs Assessment?

- A discussion about:
 - the needs of the person you care for
 - the care and support you provide
 - how caring affects your life
 - continuing your caring role

Why have a Carer's Needs Assessment/Review?

- Sustainability of the caring role
 - What are the risks?
- Help and support in your caring role:
 - services that give you a break
 - emotional support
 - help with caring tasks
 - information and advice

What do we need to know?

- The care and support you provide
- How caring affects your everyday life
- Support you receive
- Support you would like
- What help would make a difference

What happens next?

- Support Plan agreed that:
 - Identifies your needs
 - Identifies ways of addressing those needs
 - Funding
 - Direct services
 - Referral to other organisations

When can you ask for an assessment/review?

- when the person you care for has an assessment/review of their social care needs
- if the situation changes
- if you are going to provide care in the future
- if you are providing care and have not had an assessment
- annual review

Current Services

- **Crossroads**
 - Relief Care Scheme
- **Relate counselling**
- **Buddhist Centre & Mindful Health**
 - Drop in, day retreats and MBCT courses
- **Amaze**
 - Supports parents of children with special needs

Current Services

Carers Care Managers

- based in Adult Social Care - undertake carers needs assessments

Emergency Back Up Scheme

- peace of mind and 24 hour support in an emergency

Looking After Me

- Courses for carers

Current Services

Carers Centre

- Information, advice, support and advocacy
- Young Carers Project
- Transitions 16-25 year olds
- Carers Needs Assessments – young carers
- Support for end of life care
- GP Link Worker
- Community Engagement