

Learning Disability Development Fund (LDDF) Progress report



Name of project: Carers Support

Project Lead: Sheila Killick

Project Targets from bid:

Carers of someone with a learning disability will be better informed about services and support available both from the Carers' Centre and Social Care & Health services.

Carers will be better informed about all aspects of person centred planning and how they can be involved in supporting their family member with this approach.

More carers of someone with a learning disability will have had a Carers' Needs Assessment or Review.

Carers of someone with a learning disability will have direct involvement in the use of individual budgets and/or direct payments for the person they care for.

Carers will be involved in the personalised approaches sub groups of the Partnership Board.

Locally staff involved in working with people on Me and My Life as a way of delivering PCP will be better informed about how to involve carers.

How the bid says the project will do this work:

The project would employ a part time support and outreach worker to:-

- Inform carers about the opportunities available for people with Learning Disabilities via Direct Payments, Individualised Budgets, Person Centred planning and Health Action Plans.
- Support carers to be involved in the process of implementing individualised approaches and their review over time.
- Where someone has complex needs to provide extra support to the carer in order that they can fully engage in individualised approaches.
- Advocate on behalf of carers if services are not being delivered as planned
- Draw on the experience within the Person Centred Approaches Sub Group to support carers involvement in the move towards more person centred plans.
- Inform and support carers in the right to have their own needs assessed via a Carers Needs Assessment and enable them to access

Learning Disability Development Fund (LDDF) Progress report



respite, activities, legal, financial and emotional support.

- Undertake focused work to ensure that older carers of people with Learning Disabilities have made plans for the future of the person they care for.
- Support Carers to take part in self care activities including the Expert Carers Looking after Me Course

The project worker would also support carers to be involved in consultation events for example Carers Forums, Carers Sub Group and relevant Partnership board sub groups.

How much LDDF money the project got in 2008/9: £14,547

Name of person completing this report:

Nicola Lytle

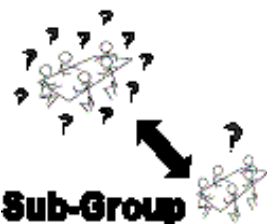
What the Carers' Support Project has done April-July 2008:



PUBLICITY

- Letter and flier about the Project sent to 38 carers and to all doctors' practices in Brighton and Hove
- Article in Carers News sent to 1300 professionals and carers
- Flier sent via Karen Kingsland to all agencies on the Learning Disabilities Partnership Board network
- Meetings with staff at Buckingham Rd and Albany day centres to advertise the project

MAKING LINKS TO SUPPORT THE WORK



- Nicola Lytle, Support & Outreach Worker and Sheila Killick, Adult Carers Team Manager attended the evaluation meeting with the Council on Self Directed Support
- Nicola has met with Nichola St. George, Individual Budgets lead to get resources and talk about joint

Learning Disability Development Fund (LDDF) Progress report



working

- Nicola has met with Natalie Winterton, Health Facilitator about Health Action Plans
- Continued strong working relationship between Nicola and Lynne Muir, Carers Care Manager
- Nicola has attended Person Centred Planning Sub-Group to get more information about person-centred plans

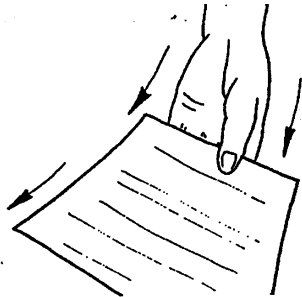


ONE-TO-ONE WORK

support:

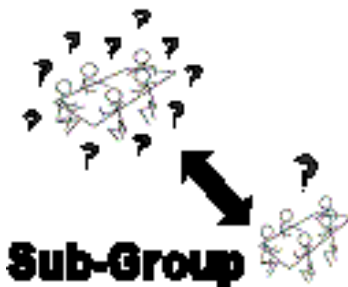
- Nicola has supported 5 carers through regular one-to-one sessions and by telephone
- 3 have complex needs
- 5 have been informed about other Carers' Centre services and Social Care & Health services
- 3 have expressed interest in Individual Budgets and Nicola has given them information about the process
- 1 is using Direct Payments
- 2 have been referred by Nicola for a Carer's Assessment Review
- 3 have been given Carer's Grant money
- 3 have been given information about Person Centred Plans
- 3 are older carers and have been given information about planning for the future

What the Carers' Support Project has done August – November 2008:



PUBLICITY

- Articles publicising the service in community newsletters, including Mosaic
- Information on our service publicised on our Carers Centre website
- Attended a Community Learning Disability team meeting to publicise our service
- Met with staff at Grace Eyre and Care Management Group to publicise our service



MAKING LINKS TO SUPPORT THE WORK

- Made link with Mark Hendriks from the 'A Place to Live' Subgroup and started some joint work with a carer needing suitable accommodation for her son
- Made strong link with the lead on families coming back into the area to be offered Individual Budgets, Raj Bisla and carried out some joint work with a carer
- Had further meetings with Nichola St George around support and information for carers about individual budgets

Learning Disability Development Fund (LDDF) Progress report



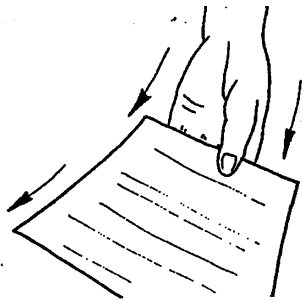
- Met with Mary Oliver, Direct Payments advisor for people with learning disabilities and their carers from the Federation of the Disabled, to exchange information about our services
- Met with Sandra Peaty at Speakout to exchange information about our services
- Attended the Social Care Learning Disability Conference to network and keep abreast of new information around self-directed support
- Attended B and H Council training on 'Safeguarding Adults' and Southdown training on 'Autistic Spectrum and Challenging Behaviour'



ONE-TO-ONE WORK

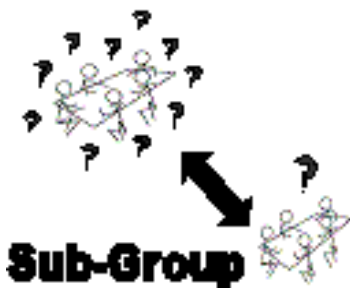
- 17 carers received one-to-one support for information, advocacy and emotional support, of whom:
 - 7 have complex needs
 - 13 have been informed of other relevant Carers Centre and Social Care and Health services
 - 9 have been given information on Individual Budgets and 4 have expressed an interest in pursuing this route in the future
 - 2 are using Direct Payments
 - 6 have been referred for or had a Carers Assessment/Review
 - 3 have been given Carers Special Grant money for self-care activities
 - 10 have been given information on a range of local self-care activities
 - 6 have been given information on Health Action Plans
 - 6 have been given information on Person-centred Plans
 - 7 are older carers and have received information on Planning for the Future

What the Carers' Support Project has done January – March '09



PUBLICITY

- Article on Carers' Support Project published in 'Putting People First without putting carers second' Crossroads/Princess Royal Trust magazine
- Article on Carers' Support Project published in a Princess Royal Trust briefing paper
- Article on the work of the Carers' Support Project and its coming to a close published in Carers News
- Article on the work of the Carers' Support Project and its coming to a close published on the Carers Centre website



MAKING LINKS TO SUPPORT THE WORK

- Information-sharing session with Natalya Garzon from Brighton and Hove Housing Options team on our respective roles and joint working
- Attended afternoon information session on Healthy Lives at Hove Town Hall with a presentation from the new Hospital Specialist Learning Disability Nurses' team

Learning Disability Development Fund (LDDF) Progress report



- Chris Lau (our director) facilitated a 'Learning Disability Commissioning Strategy' discussion table for learning disability carers at our Carers' Forum alongside Mark Hendriks (from Place to Live Subgroup), Nichola St George (Self-Directed Support Project Officer) and Karen Kingsland (Learning Disability Partnership Board development officer)



ONE-TO-ONE WORK

- 13 carers received one-to-one support for information, advocacy and emotional support, of whom:
 - 7 have complex needs
 - 5 of whom are from the BME community
 - 10 have been informed of other relevant Carers Centre and Social Care and Health services
 - 5 have been given information on Individual Budgets and
 - 1 has expressed an interest in pursuing this route in the future
 - 2 are using Direct Payments
 - 4 have been referred for or had a Carers Assessment/Review
 - 2 have been given Carers Special Grant money for self-care activities
 - 6 have been given information on a range of local self-care activities
 - 5 have been given information on Health Action Plans
 - 3 have been given information on Person-centred Plans
 - 6 are older carers and have received information on Planning for the Future

This project ended in March 2009