

# I can:



Date:



**Choose food**



**Weigh food**



**Follow recipes**



**Chopping vegetables and fruit**



**Frying**



**Mixing food**

**I can:**



**Whisk**



**Use the oven**



**Use microwave**



**Use a tin opener**



**Wash up**



**Use a dishwasher**



**Sweep**

**I can:**

