

**I want to learn to :**  
**Date:**



**Choose food**



**Weigh food**



**Follow recipes**



**Chopping vegetables and fruit**



**Frying**



**Mixing food**

# I want to learn to:



**Whisk**



**Use the oven**



**Use microwave**



**Open a tin**



**Wash up**



**Use a dishwasher**



**Sweep**

**I want to learn to:**

