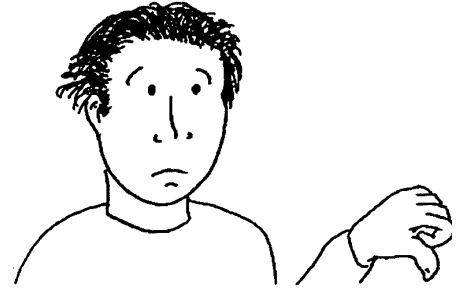


Jargon Buster for Health Words

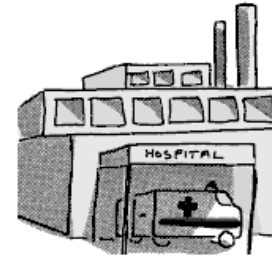
Abuse

When someone is treated badly



Accident and Emergency or A&E

A place to go for health care in an emergency



Acute Care

Hospital services like A&E, or going into hospital to have an operation



Community health services

Services like district nurses, foot health, and stop smoking services



Community Learning Disability Nurse

A nurse to help people with learning disabilities understand how to be healthy and keep well



Jargon Buster for Health Words

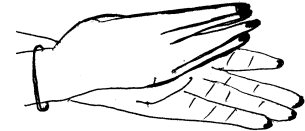
Complaint

A way to tell people you are not happy with your health service



Compliment

A way to tell people that your health service is good



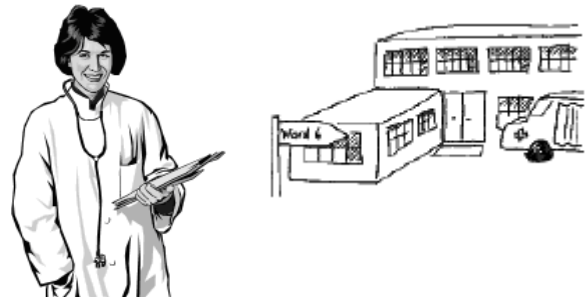
Consent

You agree or say that something can happen to you like an operation



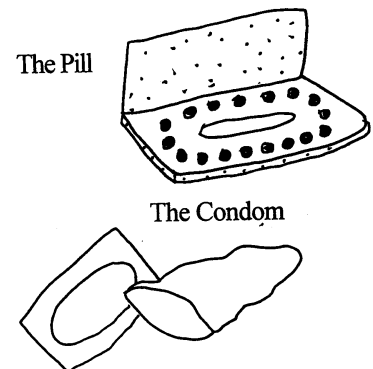
Consultant

A doctor that works in a hospital



Contraception

Things to use to keep you safe when you have sex and to stop you getting pregnant like condoms



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Death by Indifference

A report about 6 people with a learning disability who died because they did not get good health care



Dentist

A person who checks teeth



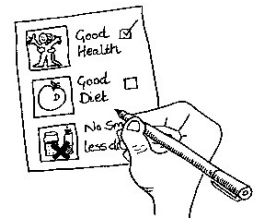
GP

A doctor



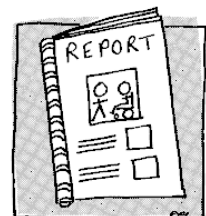
Health Action Plan or HAP

A plan that is about your health and things you need to do so you stay healthy



Health Care for All

A report about how to make health services better for people who have a learning disability



Jargon Buster for Health Words

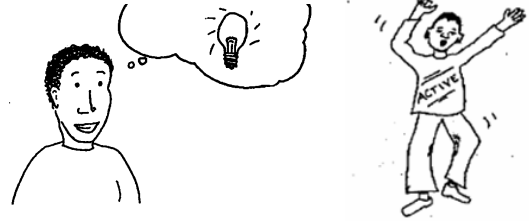
Health Facilitator

This can mean different things. It can be a person you know who helps you get the health care you need. It can also be a person who has a job of helping health services get better at helping people with learning disabilities



Health Promotion

Ideas and things to do that help you to be healthy



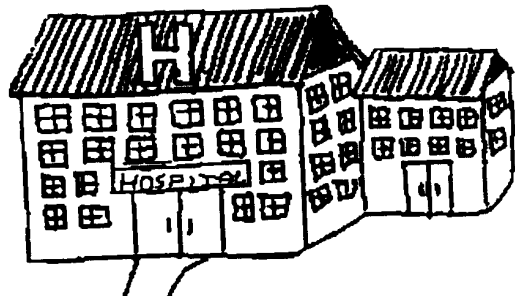
Healthy Eating

Eating things that are good for you like fresh fruit and vegetables



Hospital

A place where you get health care



Hospital Liaison Nurse

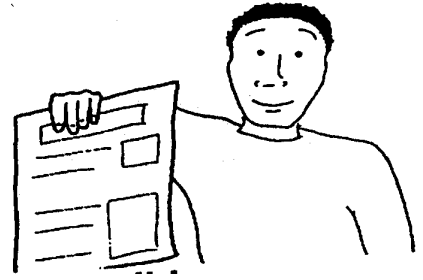
A nurse who works in a hospital to make sure people with learning disabilities get good health care. They are sometimes called learning disability liaison nurses



Jargon Buster for Health Words

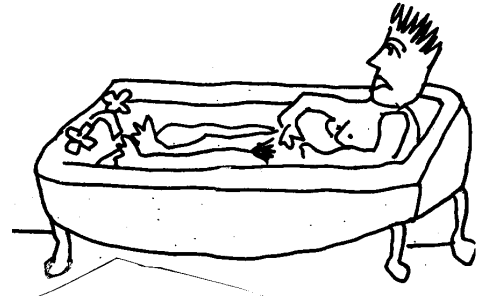
Hospital Passport

This has important information in it about you for when you go to hospital



Hygiene

Being clean



Local Enhanced Service or Directed Enhanced Service

A better service in a GP practice for people with a learning disability



Maternity

Services for women who are going to have a baby



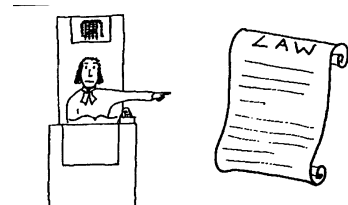
Medicine

Something you have to make you feel better like tablets or special cream



Mental Capacity Act

A law that says what should happen if someone finds it hard to understand some things



Jargon Buster for Health Words

Mental Health

Your thoughts and feelings like being happy or sad



National Health Service or NHS

A big organisation that provides health services in England. National means the whole country.



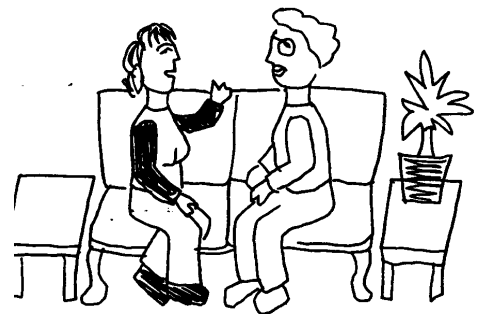
NHS Direct

A service where you can get health advice anytime of day or night. You can look at NHS Direct on the internet or you can ring on the phone



Occupational Therapist

Someone to help you develop skills for looking after yourself



Jargon Buster for Health Words

Optician

A person who checks eyes



Patient Advice and Liaison Service or PALS

A service to give you information about health services. PALS can help you if you have a problem with a health service



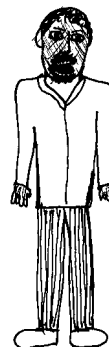
Pharmacy or Chemist

A place where you take a prescription to and get medicines from. You can also get advice about medicines from here.



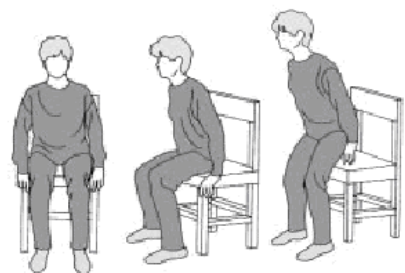
Pharmacist

A person who can give out medicines and tells you what medicines do



Physiotherapist

A person to help with your mobility and the way you move, postural care when you are in a bed, chair or wheelchair and someone to support you taking some exercise in the safest way for you, this could be swimming or the gym.



Jargon Buster for Health Words

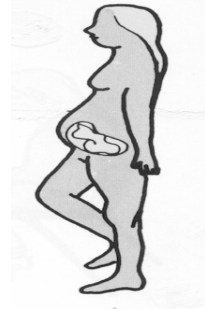
Practice Nurse

A nurse that works in a doctors' surgery



Pregnant

Going to have a baby



Prescription

This says what medicine you need



Primary Care services

Doctors, opticians, pharmacies, dentists



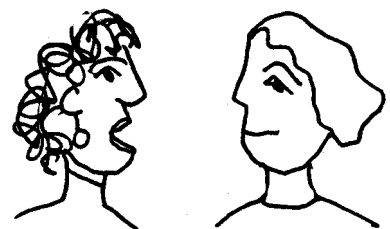
Primary Care Trust or PCT

An organisation that plans and pays for local health services



Psychologist

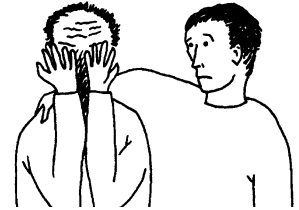
A person to talk to about your feelings



Jargon Buster for Health Words

Psychiatrist

A person who gives you help and support for mental health problems



Sexual Health

Keeping your private parts healthy, keeping safe when you have sex



Specialist

Someone who knows a lot about one area of health like a heart doctor



Speech and Language Therapist

A person who helps with talking and understanding, and helps with eating and drinking problems

