

Healthy Lives – What is happening in Brighton & Hove?

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* Click or scroll to
see presentation *

Annual Health Checks and Health Action Plans

- Available in Brighton & Hove from October 07
- GP practices required to:
 - have a register of their adult patients with a learning disability
 - receive training from the Health Facilitator
 - provide an annual health check for patients on the practice LD register
 - write a health action plan (HAP) for each patient as an outcome of the annual health assessment
- This is an optional service and practices do not have to provide it

Annual Health Checks and Health Action Plans

- Currently 32 out of 47 GP practices in Brighton & Hove are providing the service
- Approximately 250 staff have received training so far (includes clinical and non-clinical staff)
- Practices receive different tools and resources to help them deliver the service effectively
- The Dept of Health issued a Direct Enhanced Service in autumn 2008 for Primary Care Trusts to commission annual health checks after the publication of Health Care for All
- The publication of Valuing People Now (DoH 2009) has added further weight to the progression of this work

Annual Health Checks and Health Action Plans

Outcomes

- Increased identification of people with a learning disability on GP practice registers (697 = Jan 08, 873 = Jan 09)
- Identification of new health needs inc: continence issues, poor oral health, poor foot health, weight & diet problems, blood pressure, heart problems, diabetes
- Increase in knowledge/awareness of needs of service users in health professionals
- Proactive approach from health professionals

Health Supporter Workshops

- Aimed at anyone who supports a person with a learning disability
- Understanding the history of health action plans
- Information about how to get a health check and HAP
- Barriers to health & health services
- The role of a health supporter
- Making the most of health services
- Information about local services and signposting
- Free!

Future Plans

- All people with a learning disability able to access annual health checks and HAP's
- Utilise information gathered through the process of health checks to learn more about the health of people with learning disabilities in Brighton & Hove
- Use this information to target resources and commission services effectively
- Work with other mainstream health services to provide training and information, supporting them to better meet the needs of people with a learning disability
- Link with existing health promotion initiatives to enable equal access for people with a learning disability

Learning Disability Liaison Team

- The Liaison Team work across the Brighton and Sussex University Hospitals area
- They help people with a learning disability to get good health care from our local hospitals
- They work with staff in our hospitals to understand the needs of people with a learning disability
- This includes doctors, nurses, receptionists, staff in accident and emergency and lots of other professionals
- They work with people with a learning disability, and their family or paid carer during many different types of hospital visits

Learning Disability Liaison Team

- They also work with people with a learning disability who have a very complicated illness outside of hospital, in their own home
- They teach staff, both inside and outside of the hospital, to understand the needs of people with a learning disability
- They work with people with a learning disability and staff at the hospital to make sure the right decisions are being made together
- They train nurses and doctors who are still learning at university to understand the needs of people with a learning disability

Learning Disability Liaison Team

- Hospital Learning Disability Policy
- The Hospital Communication Book

Each ward in the hospital will be given one of these to use with people who have a learning disability

- The Traffic Light Assessment

This is a booklet completed by Liaison Nurses and people with a learning disability, their family or carers

The booklet will be kept by people with a learning disability and brought into hospital at each visit, for staff at the hospital to see and use

- The Brighton Food Book

Your Experiences

- What works well?
- What doesn't work well?
- Examples of good practice